

# Your IEP Meeting

## A Teen Guide



At your IEP meeting talk with your family, teachers, and others about your likes and your goals. This meeting is all about you!



### 1 Before the Meeting

An IEP is about you, so read it before the meeting and ask yourself questions..

- ▶ How are you doing in school?
- ▶ How does your disability affect what you do at school?
- ▶ What activities are you involved in?
- ▶ What are your strengths and interests?
- ▶ What are you doing to prepare for life after high school?
- ▶ Do you have any concerns?

### 2 During the Meeting

Participate and, if you want, lead the meeting. Write down ideas you have during the meeting. Your family or teachers can help you with this.

### 3 After the Meeting

Your IEP is a guide for the year. Your teachers check in on your goals throughout the year. Your IEP is all about you and helping you succeed.

## IEP 101

### Yearly Goals

You and your team decide what goals you will work on next year. When you turn 14, your IEP will start talking about your plans for after high school. This is called the Post-Secondary Transition Plan (PTP) and will focus on understanding where you want to live, jobs you want to do, and things you want to do after high school.

Check out the PTP App:  
[www.witransition.com](http://www.witransition.com)

### Services

Services are a roadmap to help you reach your goals.

- ▶ What kinds of support or accommodations would help you in school, at a job, or in the community?
- ▶ How do you learn best?
- ▶ What supports do you need?

### Special Factors

- ▶ Do you have behavior issues?
- ▶ Is it difficult to focus in your classes?
- ▶ Can you understand your teachers?
- ▶ Can you understand what you read?
- ▶ Can others understand what you say?
- ▶ Does using iPads, or other devices help you to participate in class?

**Before** the Meeting

**PREPARE!**

What questions do you have?  
Write your notes here:

**During** the Meeting

**PARTICIPATE!**

Ask questions and write notes here:

**After** the Meeting

**PONDER!**

What did you think of your IEP meeting? Are you happy with your goals? Write notes here: