



Training Overview

“Make Your Money Talk”

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Introduction

Financial Capability Education: Learning = Power = Independence

The purpose of this personal money management program is to provide you with the opportunity to develop skills and knowledge in order to plan for your financial wellbeing. “Make Your Money Talk” is a four session personal finance program covering economic and financial education.

The program focuses on practical information that will improve your quality of life by covering topics like credit repair, how to create a spending plan and major purchases. The goal is to create a life-changing practice of becoming a saver for life.

By the end of this training, you will...

- ▶ Understand how managing your money allows you to achieve your financial goals.

Training Description

The “Make Your Money Talk” program meets over several weeks. Each session is three hours long and includes a trainer as well as guest speakers depending on the topic for the session. The sessions include group discussions, exercises, and take home projects to help you create a personal financial guide.

More about this training ▶

Training Outline

Session One - Making Choices about Money

Session Two - Creating a Spending Plan

Session Three - Being a Good Spender

Session Four - Banking On It, Understanding and Using Credit, Saving, and Investing

Session Goals

Session One

- Learn the difference between wants and needs.
- See how values shape your spending choices.
- Learn how to create your own financial goals.
- Learn different methods to budget your money.
- Learn how to discuss money with family members.

Session Two

- Learn how to track spending and how to set up a spending plan.
- Identify fixed and flexible expenses.
- Understand how to create a system for bill paying and record keeping.

Sessions Three - Four

- Find ideas for spending less and saving more money.
- Understand the rights and responsibilities of a spender.
- Describe the difference between credit and debt.
- Basic knowledge of choosing the right credit (amounts/types).
- Understand how to use a bank account responsibly.
- Shop for a bank or credit union.
- What is included on a credit report.
- Building a good credit history.
- Know how to correct information on credit reports and who can help.
- Understand what you are worth.
- Understand basic investing.

More Information

If you would like to participate in this training, have any questions, or want more information, please contact your Promise DVR Counselor.

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