



Telehealth Behavior Consultation Services



UNIVERSITY OF OREGON

College of Education

Services brought right to your home over the internet...

Being a teenager is not easy and parenting a teenager can be even more challenging. Telehealth Behavior Consultation Services available through Wisconsin Promise can support you and provide strategies to deal with difficult behaviors.

Does your teen have one or more of the following behaviors?

- Difficulty staying on task
- Refusing to complete self-care routines like showering and brushing teeth
- Cursing and not following rules
- Refusing to complete work tasks or chores

Do these behaviors make it difficult for your teen to find or keep a job? If yes, this service may help.

What Do We Offer?

We believe that all behavior has a purpose. When providing this service, we will:

- Conduct an interview with either a direct service provider or a parent to try and understand the underlying reason for the behavior that is causing difficulties.
- Figure out when the difficult behavior is most likely to happen and what kinds of events happen right before and after the difficult behavior.
- Interview and coach you or the related service provider in how to conduct these assessments.
- Coach either a parent or a service provider in direct assessments.

More about this service▶

What Is Telehealth?

Telehealth services are just like any other service, except the person is contacting you through a device like a smartphone, tablet, or computer. Telehealth providers are just like any other provider. They will work with your family and youth to address challenging behaviors. You and your teen's privacy are our highest priority. All recorded sessions will be stored on a secure server, and all information will be made anonymous.

What Will You Need To Do?

Each session will take about an hour.

- These sessions will all be conducted over the internet using your computer, tablet, or mobile phone.
- The complete assessments will take about 12 -15 weeks with sessions 1-2 times each week. Parents or a service provider with knowledge about the behavioral difficulties can complete the assessments.
- The assessments will then be used to create an intervention plan. The parent or service provider will then implement the intervention plan.

Wisconsin Promise and the University of Oregon partnered to fill a need for trained behavior service providers in Wisconsin.

About The Providers

Dr. Wendy Machalicek, BCBA-D – Dr. Machalicek has worked with individuals with disabilities for over 20 years. She has conducted telehealth (services provided over the computer) for 10 years with families and other professionals. She is an Associate Professor at the University of Oregon.

Christine Drew, M. Ed., BCBA – Christine taught middle school social skills in a behavior unit for five years. She enjoys working with older students with challenging behavior and their families. She attends the University of Oregon as a graduate student.



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