

# Trauma Awareness Training



 **Coming to a city near you!**

As human services continue to evolve, it is critical for teams to understand the impact of traumatic experiences on a person's worldview, neurobiology, resulting in triggers, adaptive behaviors, and repeating the cycle of trauma.

Through the use of stories that intersect and highlight what research has shown to be true, Alma delivers a highly engaging and experiential exploration designed for clinical and non-clinical service providers and leaders.

During the 1-day of Trauma Awareness, teams come to know more deeply and appreciate the variety of experiences that can be termed - traumatic - and how those experiences manifest differently in each person.

## Join Us to Explore

- 1 Trauma's impact on a person's world-view, brain development, adaptive behaviors, and triggers.
- 2 Trauma Types: Historical, Gender, Community, and Interpersonal.
- 3 Impacts of Traumatic Stress on a person's cognition and affect.
- 4 Overviews on effective healing interventions.
- 5 How to educate and ground served persons.

**Find out when we're coming to your area** 

 **Register by visiting [promisewi.com/trauma](https://promisewi.com/trauma)**

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## Presenter: Shawn Smith



Co-founder of the Alma Institute, a human services professional development organization based in Milwaukee, WI, and a Motivational Interviewing Network of Trainers (MINT) Member.

Shawn has 20+ years of applied and practical experience as a direct service provider, program director, and agency leader in residential treatment, criminal justice, education, youth services, and workforce development settings.

Shawn has trained thousands of human service professionals in these service contexts. Shawn initiated the first trainer of trainers with the founder of Cultural Humility, Dr. Melanie Tervalon, in Wisconsin.

### More about Alma

Alma's goal is to guide professionals in learning how to engage with people struggling with the impact of trauma in ways that support them choosing to heal and transform their trauma.



Shawn's areas of expertise:

- Cultural Humility
- Motivational Interviewing
- Trauma Informed Care
- Reflective Supervision



## 2019 Training Dates Schedule

**June 12: Wausau**

**June 13: Lacrosse**

**June 14: Janesville**

**July 9: Madison**

**July 10: Eau Claire**

**July 11: Hayward**

**August 14: Waukesha**

**August 15: Milwaukee**

**August 16: Kenosha**

**August 19: Milwaukee**

**September 10: Green Bay**

**September 11: Fond du Lac**

- Each training will go from 8:30am – 3:30pm
- There will be a 30 minute lunch break (lunch provided)
- Participants can receive 6.5 CRC or 0.65 CEU credits upon completion



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